

*Elegant Catering Designs*



**EC Corporate Express Catering  
2011**

"Our EC Corporate Department"  
Designed to Cater to Your Budget!



**A Economy Friendly Menu!**



***Call Today for our help!***  
***303-367-0344***

**Web-site**

***www.ElegantCatering.net***

***Email: elegantcateringcolorado@comcast***

***"It's a Pleasure to Cater to you!"***

# Breakfast Continental

All Breakfast Buffets Include:

Serving Equipment: Paper, Plastic And Serving Utensils

## Pastry Express:

Assortment of freshly baked pastries: (1.5 pastry per person)  
assorted muffins, Danish, breakfast breads, scones with Condiments...\$3.45pp

## Pastry Express with assorted juice:

Assortment of freshly baked pastries: (1.5 pastry per person)  
assorted muffins, Danish, breakfast breads, scones with Condiments...\$3.75pp

## Continental Express:

An Assortment of Fresh Fruit Tray and Assorted Baked Goods  
with Condiments .....\$6.95pp

## Breakfast Buddy Box:

Whole Fruit, Individual Juice, Yogurt, Granola, and Muffin .....\$6.95pp

## Farmer's French Toast:

Fresh French Bread Battered and Toasted Golden Brown  
Includes Side Of Creamy Jelly, Powdered Sugar, Maple Syrup & Fresh Fruit....\$7.95pp

## Hot Egg Sandwich:

Breakfast Sandwich Stuffed With Scrambled Eggs, Cheese  
with Choice of Bacon or Sausage  
Served With Fresh Country Potatoes And Fresh Fruit .....\$8.75pp  
Egg Only .....\$6.95pp

## My Quiche Of The Day:

A Selection Of Hot Quiche Fresh From Our Kitchen.  
Includes Choice Of Veggie, Meat, or Seafood.  
Served With Country Potatoes And Fresh Fruit. ....\$8.95pp

## From The Farmer:

Fresh Scrambled Fluffy Eggs And Herbs.  
Includes Country Potatoes And Muffin, And Fresh Fruit. ....\$8.95pp

## Hot Burrito Breakfast:

Freshly Made With Flour Tortilla, Seasoned Eggs, Chorizo Sausage,  
Potatoes And Spicy Cheddar Cheese. Burrito only....\$2.95pp  
With Mild Green Chili, Salsa & Fresh Whole Fruit.....\$6.95pp

### Side Orders and Beverages:

Sausage Or Bacon	\$2.25pp
Assorted Cookies	\$1.50pp
Brownies	\$1.75pp
Salty or Sweet Snack Mix	\$2.00pp
Assorted Yogurt	\$1.50pp
Assorted Yogurt, Granola and Fruit	\$2.75pp
Fresh Fruit Display	\$2.95pp
Fresh Fruit	\$2.95pp
Juice	\$1.75pp
Coffee Service:	
Regular Coffee/ Decaf Coffee/ Hot Cocoa/ Hot Tea	\$1.50pp
Coffee Service Requires A 10 Person Minimum	
Cold Beverages:	
Assorted Soda	\$1.50pp
Lemonade, Ice Tea, \$ 1.50 -- Bottled Water	\$1.50pp

## Sandwich Express Lunch

All Sandwich Box Lunches Include:

Your Choice Of Herb Potato Salad or Pasta Salad, Mayonnaise And Dijon Mustard

Dessert Of The Day!

For A Little Extra: Fruit, Avocado, Extra Meat

<b>Tuna Salad (Old Fashion):</b> Tuna Salad with lettuce & Cheese, And Dill...	\$7.95pp
<b>Chicken Cajun Grilled:</b> Grilled Cajun Chicken With Yogurt, And Paprika Spread	\$7.95pp
<b>Smokey Turkey:</b> Turkey Breast Served with Tomato And Chipotle-Mayo Spread...	\$7.95pp
<b>The Vancouver:</b> Smoked Salmon, Cream Cheese, And Capers .....	\$7.95pp
<b>The Hawaiian:</b> Grilled Chicken Breast, Sweet Pineapple Marinade W/ Cilantro Pesto...	\$7.95pp
<b>Mexican:</b> Grilled Chicken Breast w/ Spicy Mixed Veggies.....	\$7.95pp
<b>Asian Chicken:</b> Grilled Chicken Breast Served With Asian Spread.....	\$7.95pp
<b>The Roman:</b> Artichoke Heart, Roasted Bell Pepper, Provolone, and Basil Pesto.....	\$7.95pp
<b>Classy Veggie:</b> Roasted Veggie (Such as: Squash, Onion, Peppers, & Mushrooms) W/ Balsamic Vinaigrette, And Provolone.....	\$7.95pp
<b>Budget Deli Sandwich:</b> Choice Of Pastrami, Turkey, Ham, Or Roast Beef.....	\$7.95pp
<b>Club Sandwich:</b> Turkey, Ham, Crisp Bacon, Swiss, Lettuce, Tomato And Onion...	\$7.95pp

# Salad Box Lunch

**All Salad Box Lunches Include:**

*Fresh Rolls & Butter–Dessert Of The Day!*

- Garden Salad:** Mixed Greens w/ Cucumber, Tomatoes, Onions, Peppers, Sprouts...\$7.50pp  
**Chicken Cajun Salad:**Chicken Breast With Spices & Celery, Onions,  
And Lemon–Mayo Dressing w/ Mixed Greens.....\$8.95pp  
**Tuna Cranberry:** Tuna–Cran Salad Cheese & Dill. Served With Mixed Greens.....\$8.95pp  
**Caesar Salad:**Crisp Romaine, Crouton, Parmesan Cheese, & Caesar Dressing.....\$7.50pp  
**Spinach Salad:**Spinach Leaves with Red Onion, Mandarin Orange, Carrots, & Roasted Nuts...\$8.50pp  
**Asian Chicken:** Grilled Chicken Breast with Mixed Greens & Nuts and Sprouts.....\$8.95pp  
**Mediterranean Salad:**Mixed Greens with Olives, Feta Cheese, Artichoke, Garbanzo Beans ...\$8.95pp  
**Cobb Salad:**Mixed Greens with Grilled Chicken Breast, Avocado, Diced Egg, Blue Cheese, Tomato  
Choice Of Tofu, Chicken, And Bacon ...\$9.95pp  
**Tofu Salad:** Mixed Greens with Diced Tofu Marinated With Asian Dressing And Veggies.....\$8.95pp  
**Southwestern Salad:**Mixed Greens w/ Sautéed Chicken or Beef Peppers, Onions, Spices ...\$8.95pp

## **Choice of Dressings:**

Balsamic Vinaigrette–Ranch–Raspberry Vinaigrette

Light House Vinaigrette–Light Blue Cheese

***Try our Economy Friendly Office Salad Bars...  
They are Healthy & Create Great Office Energy!  
Ask your area Representative!!! 303-367-0344***

# Cold Buffets

- The Office Gang:**Big Finger Deli Sandwiches, Crudités Tray with  
Choice of Potato, Pasta Garden Salad...\$9.95pp  
**The Office Sandwich Making:**Variation Of Fresh Sliced Meat And Cheese, Bread, Condiment Tray  
w/ Choice of Potato or Bean Salad.....\$8.95pp

# Hot Buffets

## All Hot Buffets Include:

Garden Salad and Rolls

Dessert of The Day!

**Chicken Marsala:** Sautéed Chicken Breasts with Mushrooms and Marsala Sauce  
Served with buttered Rice ...\$9.95pp

**Lasagna Flair:** Meat or Vegetable Lasagna. Served with Marinara Sauce and Garlic Bread...\$9.95pp

**Chicken Parmesan:** Chicken Breasts oven Baked with Bow Tie Pasta, Marinara, Parmesan  
Garlic Cheese Bread. ....\$10.25pp

**Indian Curry Chicken:** Chicken Breast Sautéed w/ Tomatoes, Onions, & Ginger Garlic; Tossed  
w/ Fresh Spinach. Served with fluffy Rice.....\$10.25pp

**Mongolian Chicken:** Chicken Breast Sautéed with Ginger Garlic, Onions, Peppers, and Sauce  
Served with white Rice.. \$10.25pp

**Spicy Beef:** Flank steak Marinated with Southwestern Spices;  
Grilled and Sautéed w/ Southwestern Veggies. Served with Rice.....\$11.95pp

**Chicken Martinique:** Chicken Breast Marinated w/ Caribbean Spices and Grilled  
with Black Beans and Rice....\$9.95pp

**Teriyaki Chicken:** White Chicken Breast Marinated and Grilled with Teriyaki Sauce  
Served with Rice .....\$10.25pp

**Lemon Herb Chicken:** White Quartered Chicken Breast Marinated with Lemon and Herbs and Baked  
Served with Rice...\$9.95pp

**Grilled Tai Salmon:** Salmon Marinated with Tai Spices and Light Coconut Milk. Grilled and  
Topped with Mango Salsa. Served with Rice.....\$11.95pp

## Louisiana Jambalaya

Cajun Dirty Rice, Spicy Chicken and Andouille Sausage with Sautéed Vegetables.....\$10.25pp

## Jamaican Jerk Chicken

Open Fire Roasted Breast of Chicken,

Lime Cilantro and Black Bean Rice, Tropical Garden Salad with Jicama and Mandarin Oranges...\$10.25pp

# Hot Buffet Bars

## All Hot Buffet Bars Include:

Garden Salad and Rolls–Dessert of The Day!

**The Aztec Fajita Bar:** Buffet Includes Rice and Beans, Chicken and Beef, w/ Fixings of Fresh Salsa, Lettuce, Cheese, Sour Cream& Chips. w/ Tortillas on The Side...\$11.95pp

**The Roman Pasta Bar:** Includes Hearty Marinara Sauce, Meatballs and Italian Sausage Served w/ Penne and Bow Tie Pasta w/ Fixings of Parmesan Cheese, Garlic Bread...\$9.95pp

**Baked Potato Bar:**Baked Idaho's with Fixings of: Sour Cream, Cheese, Butter, Chives, & Bacon Bites Served with Homemade Low Fat Turkey and Vegetarian Chili .....\$9.95pp

**Chicken Bar:** Florentine (Spinach), Cordon Bleu (Ham and Swiss), and Parmesan Cheese Served with Rice Pilaf.....\$10.95pp

**Taco Bar:**Ground Beef/Chicken/Veggies (Choice Of 2) w/ Soft Flour Tortilla & Crispy Taco Shells w/ Beans, Corn, and Rice. Includes Cheese, Lettuce, Sour Cream, and Salsa...\$10.50pp

## Side Orders:

Cheese: \$ 3.25 Fruit Tray: \$ 2.75

Guacamole & Chips: \$3.25pp

Veggie Tray: 2.40–Petite Sandwiches: 3.49

Munchies Time Snacks: Party Mix, Trail Mix, Mixed Nuts–\$2.50

EC's Trio Dippers:2/Hummus w/Pita Breads \$ 3.00

Assorted Gourmet Cookie Platter...\$2.00pp

**Note:** Call 303–367–0344 for much more snack selections...

## *General Information*

*A \$250.00 min. order for service is requested for delivery.*

*A \$300.00 min. order is requested for Sat. and Sun. service.*

*Place your order by phone or fax (forms provided upon request).*

*Delivery charges are based on your area and zip code.*

*Please ask when placing your order.*

*A 48 or more hour notice is requested for all cancellations.*

*All Buffet same day pickups are between 1:30 pm and 3:00 pm.*

## *Other Services Available*

*Our Catering provides Menu Consultation and Event Food Service Planning  
from a Elegant Reception & Sit-Down Dinners to Company Picnics, Barbecues  
Themes, Holiday Parties and more...*

*Please Don't Hesitate To Call For Assistance with Your Upcoming Food Service Event needs!*

***\*EC Going Green...Elegantly where ever we can!***

**\*A DBE CERTIFIED – WOMAN – MINORITY – OWNED BUSINESS!**

**\*Food Presentation Award Winners of the 2000 ICON Gala Award**

**\*2001 Small Business Star Award**

**\*2002 Finalist Creme D'e La Creme Finalist-\*2008 Clara Brown Award**

**\*2003 Westies-World Finalist**

**\*2009 Star Award Red-Denver ICA (Int. National Caterers Assoc.)**

*Please, consider the environment before printing!*